

RHS RUGBY NEWSLETTER

ISSUE 49: 26 MARCH 2014



Parents and friends of RHS Rugby - diary Saturday May 31st for the 1st XV Dinner and Auction. Get a group together now and book your tickets. This is a hugely popular event and a fun night out.... tickets available soon.

Miles Toyota

GAMES THIS WEEK

This Saturday the 1st XV play a pre-season game against Lincoln High School at Lincoln, kick-off 1.30 p.m. The curtain raiser to this game is the 2nd XV playing Waihora/Springston U18, also at LHS, kick-off 12 noon.

CRUSADER VISIT TO RHS

1st XV tight forwards benefitted last Wednesday from the knowledge and experience of Crusader prop Wyatt Crockett. He spent an hour with the forwards going through scrummaging and lineout technique. It was very timely given the new scrum laws being used for 2014. RHS players enjoyed the opportunity to quiz Wyatt on everything from technique to life as a professional athlete. The RHS forwards are looking forward to the season ahead, and were very appreciative of the Crusader visit.







Above: Luke Ellis, Davey Mato and Thomas Harrison

Right: Luke Ellis, Wyatt Crockett, Davey Mato and 1st XV Forwards Coach Marty Ashby









MIDWEEK RUGBY



Thanks to DressSmart Hornby who are our Midweek Rugby sponsors again for 2014.

Trials for Junior Boys: Monday 31st 3.30 – 5.00 p.m.

2nd XV PRE-SEASON TOUR TO TIMARU

The 2nd XV went on a pre-season tour to Timaru last weekend to play two strong sides, Roncalli and Timaru Boys High School. Both schools play in the Press Cup and both used the game to pick their final 1st and 2nd XVs for the season.

Although we crossed the line three times against Roncalli we just could not get the ball down and lost 7-3. The game against Timaru BHS was a different story. We tried our best but they were too strong and having 35 players with rolling subs made it hard work for our boys. But they never gave in and their courage



and determination has to be commended.

The tour was also about building towards the season as this is the first time the RHS 2nd XV will be playing Saturday competition. From what we saw over the weekend it looks like we will have a very strong side.

A big thanks to our manager Penny Henderson for giving up a weekend and to the parents who came down to support their boys. We are all very much looking forward to the season ahead.

Josh Harrison and Kelvin Eder, 2nd XV Coaches







PHOTOS FROM THE RONCALLI GAME











After the game, the team unwound at the Caroline Bay Aquatic Centre and pictured on the left is Levi Beedles with the **OH NO BRO FRO** – awarded this week for leaving mouthguard and boots behind after the game.

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Course will be held at the HSOB Rugby Clubrooms, Hagley Park, Christchurch. 29th, 30th April and 1st May 2014, 9 am to 1.00 pm each day Applications close 2nd April 2014.

Contact person: Lyndon McKendry at CRFU Phone: 027 2017586 E-mail: lyndon.mckendry@crfu.co.nz Or Sarah Davidson at the Sports Office

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