

Miles Toyota





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Rangiora High School Rugby 1st XV 2014 Initial Squad Selection 22 Players

Scott Allin

Matt Cooke

Cam Dyer

Luke Ellis

George Gardner

Jordy Gray

Oscar Howat

Thomas Harrison

Lemuel Hill

Hadrian Jackson

Davey Mato

Connor MacKinnon

Ryan McCullum

Ethan McDuff

Scott Powell

Harry Retallick-Brown

Robbie Salton

Rhys Smith

Mohsen Stirling

Craig Stockwell

Travel Tuaputa

Caleb Wunderink

Congratulations to those selected for the initial squad of 22 players. This has been the most challenging squad to select in recent years due to the number of good players that trialled. Players are both excited and nervous as they now set about the pre-season preparation for Press Cup. The door is definitely not closed for the players that missed the initial cut. Injury and form can easily present the opportunity for players in the 2nd XV to step up to 1st XV level.



The season starts with a game against Lincoln HS on March 29th building to the first game of the competition on the 3rd May against Nelson College (finalists in last years competition).



Thanks to Livi
Percival for these
great photos of
the two trial
games.



1st XV Training Week

Monday 7am: Fitness focus pre-season

Tuesday 3.40pm: Combined fitness and skill development. Squad training

Wednesday Period 5: Skills focus/Game analysis (Summer sports players not expected to attend)

Thursday 3.40pm: Combined fitness and skill development. Squad training

Players head to the classroom

A new initiative in 2014 will see the 1st XV and some 2nd XV players heading for the classroom to look at game theory. This will be done over 4 x 1 hour sessions on Wednesday mornings (7am) during the pre-season. The aim is to cover much of the tactical and technical detail needed.

Random Rugby – ball giveaway

Several senior players were part of a rugby initiative to raise the profile of the game on Friday. 36 rugby balls were given away to students along with stickers and vouchers for the Crusaders vs Stormers S15 clash.

The event, which was part of a NZRU nationwide promotion run at the same time on Friday 7th March, was well received. The photos tell the story.

Below: 1st XV players Craig Stockwell and Scott Powell hand out balls to Junior Rugby Development players



Above: 1st XV player Luke Ellis hands out balls to Girls 1st XV players Louise Johnson and Taneisha Nutira, helped by Cameron Dyer and Hadrian Jackson



Below: Lucky recipients of a Random Rugby ball

1st XV Pre-season Programme 2014

Saturday 29th Mar Game 1: vs Lincoln HS

(@RHS)

Saturday 5th Apr Game 2: vs StAC

(@ RHS)

Sunday 6th Apr Game 3: vs

Rockhampton (Aussie) @ RHS

Southern Tour

Saturday 12th Apr Game 3: vs Dunstan HS

Sunday 13th Apr Game 4: vs Waitaki BHS

Saturday 19th Apr **CBHS** Rugby Festival Sunday 20th Apr **CBHS** Rugby Festival

Monday 21st Apr **CBHS** Rugby Festival

Saturday 26th Apr Burnham 24

Saturday 3rd May Press Cup Round 1



2nd XV Training Week

Monday 7am: Fitness – optional for the rest of Term 1

Tuesday 3.30pm-4.30pm: Extended squad (with Under 16s)

Wednesday Period 5: Extended squad (with Under 16s)

Thursday 3.40pm-5pm: Saturday squad only

2nd XV Pre-Season Programme 2014

Pre-season Tour

Saturday 22nd March v Roncalli in Timaru (overnight in Timaru)

Sunday 23rd March v Timaru Boys High

Saturday 29th March v Waihora/Springston U18
Sunday 30TH March No 7-a-side tournament

Saturday 5th April Saturday competition begins

Billets required for Rockhampton team

Sunday 6th April Mixed selection XV v Rockhampton

Saturday 12th April Saturday competition game

Easter Saturday to Monday CBHS tournament (don't go on holiday!)

Saturday 26th April Saturday competition game

(N.B. School holidays)

Saturday 3rd May Saturday competition game

(last weekend of holidays)

The 2nd XV will be playing Marlborough Boys' College on the annual exchange, this year to be hosted by RHS on Thursday 3rd July. Boys will be required to billet MBC players.

There is also the Ashburton Exchange on Thursday 21st August.



PARADISE IN THE COOKS FOR THE COOKES

Paula and James Cooke were the lucky winners of the Cook Island holiday from last year's 1st XV Dinner and Auction. The package, which includes \$1600 of airfares, is supported by the following Cook Island businesses:

Muri Beach Lodge – Ratu and Polly Mato:
one week's accommodation (for up to 6 people)
Crown Beach Resort – Rohan Ellis:
Islands Night Dinner and Show for two
Raro Safaris Tours – thanks to Sam Crocombe for the tour
Captain Tama's Lagoon Cruises – a Captain Tama cruise for two people
Avis Rentals – 3 day free car hire



























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