

Miles Toyota





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PRESS CUP

Saturday 25 May 2013 RHS 1st XV vs Christ's College 1st XV, Loburn

After 3 heavy losses the team was desperate to show what they are capable of against a strong Christ's College side. There was plenty of willingness going into the game but unfortunately something akin to 'stage fright' seemed to take hold of a number of Rangiora players once the whistle blew. Christ's College oozed confidence and the harder Rangiora tried the easier it seemed to get for the visitors who played a very simple but well executed game plan. 21-0 down at the halftime break summed up a frustrating season start and this was beginning to show as the team and coaching staff struggle to make sense of poor on field performance.

The second half was much improved as players lifted their work rate and focussed on the basics of the game. The forwards, who were able to dominate at scrum time only during the first half, worked harder to get to the breakdown and were able to keep Rangiora on attack for large parts of the second half. Christ's were forced to defend a lot and were up to the challenge. Two well taken tries against the run of play in the second half showed the difference in the sides where Christ's were able to make points from little while Rangiora battled away and struggled to break the opposition defences. Reward eventually came to the hard working prop Davey Mato who crashed and rolled himself over late in the game (converted by first five Scott Allin).

The second half performance shows the ability of the side to compete but mentally it isn't quite there yet. Each week we have improved in aspects of the game but there is a way to go before this side can come off the field

satisfied with their efforts as a team. Very powerful lessons to learn and those that respond will excel at this game. The competition is tougher than many anticipated.



FMG Player of the Day was awarded to lock forward Max Lines (pictured jumping right) who is showing impressive work rate, skill and leadership.



Final Score: RHS 7 Christ's College 33

Next Game: vs St Andrew's , kick-off 12 noon @ Southbrook Park





RHS 1st XV DINNER AND AUCTION - Saturday 25th May 2013

1st XV players welcome the guests to the Ohoka Hall



Auctioneer Richard Leech from Rural Livestock gets the bidding going on 1st XV lock Sam Brakenridge's painting. Thanks to Richard for his support.



A Cooke dancing with the Cookies

Thank you to the guest speaker, ex-All Black Jock Ross. The Ross family are the only NZ family to boast a father, mother, and son combination of ex-All Blacks, as Christine also played for the Black Ferns.

Following his talk, the boys performed the haka (below) to thank Jock for his support in attending and being quest speaker for the evening.



A huge thanks to the following local and national businesses who supported the evening:

Mt Grey Cheeses



Chillingworth Road Café Cook School and Restaurant,



Ohoka Primary School and Hall, Rangiora Lodge Motels, Ohoka Rugby Club, HiNK, Ice Trampoline, Spitroast.com, NZ Sotheby's, Miles Toyota,



Also Brent and Linda Rollo, Fiona and Brian Brakenridge, Colin Macintosh, Suzanne and Greg Salton, Sam Brakenridge, Richard and Kerry Lines, Nikki and Trevor Jones, Barb Lucas, and MC Kieran from MORE FM.



MIDWEEK RUGBY



Here's a great link to some Rugby-specific nutrition information.

http://www.mish.org.nz/wp-content/uploads/2013/01/RUGBY-small.pdf



$2^{nd} XV$

Pictured is Mike Smart, from Dress-Smart Hornby, with the 2^{nd} XV. Dress-Smart Hornby has outfitted the 2^{nd} XV with training gear, including wet top jackets, a training top, and beanies.





RHS Rugby is extremely grateful to NZ Community Trust for their recent grant of \$4000 towards regulation goal posts for the main rugby field at the school.

We also acknowledge, and urge you to support, The Brook Hotel, Southbrook, who are a NZCT gaming venue.

RHS 1st XV Player Profile: Max Lines



Name	Max Lines
Year	13
House	Lydiard
Preferred Position	Lock
Previous Club	Ohoka
Rugby player you admire & why	Brad Thorn – he's hard working and consistent
Most memorable Rugby moment	Winning finals for Ohoka Rugby Club
Favourite Food	Pork, yoghurt
Favourite music	Foo Fighters, Jay-Z
Other sports played	Touch, basketball, netball
Interests/hobbies	Rugby, basketball















