



RHS RUGBY NEWSLETTER



ISSUE 11: 3 MAY 2012

CRFU Pre-Season Girls Sevens Tournament

The first taste of action for the Girls 1st XV was the Pre-Season Sevens tournament at North Hagley Park on Wednesday 4th April.

With 3 matches against Linwood High, Avonside and Cathedral Grammar, the girls had some tough competition. They went down to Linwood and Cathedral Grammar but had a fantastic win over Avonside Girls. Overall a very positive start to the year for the players – bring it on!

Kathryn Bailey
Girls XV Coach

Midweek Rugby kicks off!

RHS midweek teams got off to a good start to the season in their grading games on Wednesday 2nd May. The 2nd XV, coached this year by Hamish Scott, played a home game against Darfield, winning 33-26.

Both Junior Boys teams played at North Hagley, with the Year 10 Gold team winning against both Cathedral (75-0) and Riccarton (30-0), while the Year 9 Green team won against Kaiapoi (38-0) and lost to Riccarton. Feedback on these Junior teams was excellent, with all the boys a credit to themselves and the school both on and off the field.

For 2012, the Junior Boys Year 10 Gold is coached by Mark Tree with Thomas Percival from the 1st XV as Assistant Coach, and team manager Tania Smith. Junior Boys Year 9 Green is coached by Andrew Gebbie with Marcus Hendriks from the 1st XV as Assistant Coach, and team manager Penny Henderson.

A special thanks to Tania and Penny for stepping up to manage these Junior Boys teams. We are still looking for a Team Manager for the 2nd XV so if you are keen to be involved, please get in touch.

The Girls XV joined teams from the other Christchurch schools for the annual Skills Day, which is timely with the College Day tournament at Burnside Park next week. Both the 2nd XV and the Girls XV will be competing in this tournament, which this year is the biggest yet with 28 teams and over 600 players taking part in the day.

We had hoped to have a Player Information Evening this year, but the demand wasn't sufficient. However, we are looking to have a Nutritionist from the University of Canterbury give a seminar on rugby nutrition. This will be held in the Staffroom with a gold coin donation. This would be a great opportunity to not only find out more about the best nutritional guidelines for your rugby-playing children, but also to meet some of the rugby staff and ask any questions you might have.



Miles Toyota



1st XV Fundraising Dinner and Auction

**Saturday 19th May, Saracens Clubrooms (Showgrounds)
from 6.30 p.m**

Great night for all – guest speaker Richard Loe, auction, meet the 1st XV

We have some awesome prizes for auction on the night, including:

- a Cook Island holiday package comprising one week's accommodation for two at Muri Beach Lodge, a Captain Tama cruise, and a Pacific Resort Cultural Evening and Dinner and airfares to the value of \$1600. Total value of this package is close to \$4000
- a round of golf for four at Clearwater
- a service voucher from PushBikes Rangiora
- Icebreaker garment
- \$200 voucher for hair service/products
- Coastal Pacific return trip for two (Christchurch to Picton)
- \$250 Interislander voucher
- artwork
- a suit hire voucher – with all those school balls coming up
- a Crusaders signed rugby ball

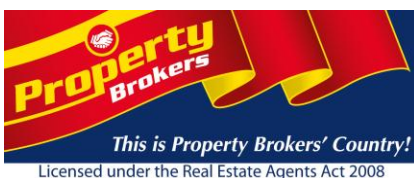
plus lots more.....

**There are a limited number of tickets still available for this dinner –
call 0274 306 153 or email: sarah.davidson@rangiorahigh.school.nz**

PRESS CUP GAME

The first game is: this Saturday 5th May against St Thomas's Canterbury
Mandeville Sports Grounds
Kick-off 1.15 p.m.

SPECTATORS VERY WELCOME





DATES FOR 2012 PRESS CUP COMPETITION

	Home Team	vs	Away Team
5 May	Rangiora HS	vs	St Thomas - at Mandeville Sports Ground 1.15 p.m.
12 May	Rangiora HS	vs	Roncalli College
19 May	Rangiora HS	vs	Lincoln HS
26 May	Timaru BHS	vs	Rangiora HS
2 June	St Bedes College	vs	Rangiora HS
9 June	Rangiora HS	vs	Ashburton College
16 June	St Andrews	vs	Rangiora HS
30 June	Round 8 (Term 2 School Holidays)		
14 July	Term 2 School Holidays (North Island Tour – Wellington dates to be confirmed)		
21 July	Round 9		
28 July	Round 10		
4 August	Semi Final		
11 August	Final		
18 August			
25 August	<i>SI Play off for Top 4 – Play off Co-ed</i>		
1 September	<i>No play</i>		
7 September	<i>Semi Top 4 – Semi Co-ed</i>		
9 September	<i>Final Co-ed</i>		

RHS 1st XV would like to thank both **Lyn Sparks** and **The SportShop Rangiora** for donating the 2012 match balls.



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